

# Breath, Holding your:

While holding your breath, Oxygen-Points will drain. This is how long one can hold their breath. The number of oxygen-points that will be drained depends on whether or not a successful AVOIDANCE-ROLL VS. “BREATH” is rolled.

Consult the following chart for Oxygen-Points drained per turn while not breathing:

Activity vs. oxygen-point loss:	Avoidance-roll vs. “Breath” is successful <u>O.P. expended per turn:</u>	Avoidance-roll vs. “Breath” failed <u>O.P. expended per turn:</u>
Motionless	1-D4 +1	2-D4 +2
Moving about casually	1-D6 +1	2-D6 +2
Swimming, Running, or fighting	1-D8 +1	2-D8 +2

Once Oxygen-Points recede to zero, unconsciousness will occur.

If Oxygen-Points recede below zero, equal to your Constitution, death will occur.

Example:

If your oxygen-points recede to a -20 (if your Constitution is 20), you will die).